

<b>Clothes</b>		<b>Toiletries</b>		<b>Other</b>	
Anorak	W	Comb	1	Address Book	X
Belt	X	Flannel	1	Air ticket	X
Boots	X	Floss	1	Batteries rechargeable	
Fleece	X	Handcream	2	Batteries recharger	
Gloves	X	Lip suncream	1	Binoculars	
Handkerchiefs	8	Lipsalve	1	Boot Cleaning	X
Sandals	1	Mosquito Repellent	X	Camera	1
Scarf	X	Nailfile		Camera Battery	1
Shirts	8	Razor	3	Camera digital	X
Shoes	1	Razor Charger	X	Camera large	X
Shorts	1	Shampoo	2	Camera memory card	X
Slippers	X	Shaving Cream	X	Camera small	
Socks	7	Soap	1	Cash	1
Sweater	1	Suncream	1	Cash bags	
T shirts	X	Talc	2	Chain / lock	X
Thick socks	X	Toothbrush	1	Chocolates	X
Tie	1	Toothpaste	1	Compass	X
Towel	X			Credit (etc) cards	
Tracksuit bottoms	X			Denplan Details	X
Trainers	X			Diary	X
Trouser (padded)	X	Alvoclar	X	Dictionary	1
Trousers	2+W	Antibiotics	X	E111	1
Underpants	8	Antihistamine cream	1	Earphones	1
Vests	X	Antiseptic Cream	1	Earplugs	1
Waterproof Jacket	W	Cold remedy	X	Electric Insect repellent + tablets	X
Waterproof Overtrousers	X	Dioreeze	X	Eyeshades	X
Wool Hat	X	Imodium	X	Film	X
		Insect Repellent	2	Filters	X
		Malaria Tablets	X	SD reader for Ipad	USB
		Mouth Gel	X	Gadget Bag	X
		Painkillers	1	Glue	X
		Paludrine	X	Glasses Case	X
		Plasters	1	Ipad	
		Throat pastilles	1	Guide Books	X
		Naproxen	1	Head Torch	X
				Highlighter	X
		Rail Tickets	1	Hotel Vouchers	1
		Safety Pins		Insurance	1
				India - Post cards	X

## Check List

**1**

Abel and Cole	1
Credit Card - details phone	1
08000 688638	1
Debit Card - details phone	1
08459262626 (6261)	1
Nationwide CC 0845730201	1
Audrey	1
Heating timer	
Lavatory	

Manhole cover		Scrabble	X	Ipod	
Milkman	1	(sheet) Sleeping Bag	X	Ipod/ipad Charger	1
Modem Unplug	1	Small Plastic Bags		Maps	1
Radio / Video timer		Small Rucksack		Money Belt	X
Stop Cock		Spare Photos	X	Mosquito Net	X
Taxi		Spoon	X	Mug	X
Tesco		Sunglasses	1	Mug (Insulated)	X
Thermostat		Sunhat	1	Notebook	X
Timeswitch		Swimming Trunks	X	Passport	1
Water Plants		Taxi Phone Number	X	Passport Photocopy	1
Window Locks		Thermometer	X	Pen	1
N/W CC	1	Timetables	X	PDA, Cable	X
08457998899	1	Tissues	1	Pencil	2
		Toilet Paper	X	Penknife	
		Torch	X	Phone	1
<b>Food/Drink</b>		Travellers' Cheques	X	Phone Charger	X
		Tripod	X	Change for phone	X
		Umbrella	1	Phone Card	X
Chocolates		Universal Sink Plug	1	Photocopies of Street Plans	X
Coffee		Visa Photocopy	X	Phrase Book	X
Drinking Chocolate		Walking Stick	X	PINs	X
Snacks		Wallet		Playing Cards	X
Sweets		Washing Powder, cream	X	Pyjamas	X
Tea Bags		Watch		Plug Adaptor	
		Water bottles	1	Radio	X
		Whistle	X	Puzzles	1
		Pencil Rubber	2	Rucksack Liner	X
				Rucksack outer	X